

**ITEM NO:**

Forward work programme of the Health & Wellbeing Board (H&WBB) and recommendations for the Barnet Partnership Board's (BPB) involvement

**REPORT OF:**

Cabinet Member for Public Health

**SUMMARY AND PURPOSE OF REPORT:**

This report provides a status update on the H&WBB, presenting its priorities for the coming year, and the major challenges it faces to delivering these.

**INPUT REQUESTED FROM BARNET PARTNERSHIP BOARD:**

Members of the Board are asked to consider the BPB's role in assessing:

- The performance of the H&WBB;
- How the BPB can provide effective oversight across the three sub-boards;
- How the BPB will engage with the public health team to ensure that full health impact assessments are completed for new growth/ regeneration schemes;
- The scope for Community Budgets to be used to support health and social care integration, as per the Tri-Borough Community Budget pilot; and
- How the BPB can support the new public health team, by promoting schemes such as 'Barnet's Healthy Workplace month' initiative.

**CONTACT FOR FURTHER INFORMATION:**

Claire Mundle, Policy Unit, Commissioning Group

**National Context**

1. The Health and Social Care Act (2012) requires every upper tier local authority to establish a statutory Health and Wellbeing Board (H&WBB). Barnet's H&WBB took on its full powers in April 2013.
2. Statutory H&WBB's have a remit to:
  - **Strengthen joint working between the NHS and local government;** bringing together local councillors and health and social care partners to assess population needs (underpinned by the Joint Strategic Needs Assessment);
  - **Promote integrated health and care services;** guided by a jointly developed Health and Wellbeing Strategy (HWBS) that prioritises local action to address health and local service needs;
  - **Increase accountability** in local decision-making, facilitating greater patient and public involvement through the membership of Healthwatch and local councillors on the Board.

3. The terms of reference for the Board are set out in Appendix A. The membership of the Board is set out in Appendix B.

### **Local context**

4. The challenges of austerity will continue. Barnet Council received a 26% reduction in central government funding over the 2011-15 period, whilst Barnet CCG is financially challenged and required to deliver a recovery plan to address a significant underlying deficit. The economic challenge will be exacerbated by the prospect of similar local authority funding cuts over the 2015-19 period, coupled with a projected 5.5% population growth among the young and elderly by 2016, leading to increased demand for children's and adult social care services.
5. Whilst Barnet's population generally has better health outcomes than the England average, mortality rates from heart disease, stroke, cancer and respiratory diseases remain key challenges for the health system. The estimated level of physical activity amongst both adults and children in Barnet is also worse than the England average.
6. There are also marked health inequalities, particularly in the western areas of Colindale, West Hendon and Burnt Oak. These are the locations of large-scale regeneration projects which to seek to address some of these differences. The level of child poverty in Barnet is also slightly higher than the England average.
7. The health and social care system needs to change to respond to these challenges, and to the significant financial pressures facing public services. As set out in Barnet's Health and Well Being Strategy (HWBS), services need to shift their focus towards prevention, wellness and independence in order to help people live healthier lives, and to adapt to this prolonged period of austerity.
8. Barnet's H&WBB will provide the leadership to ensure that services achieve these objectives by working together more efficiently and effectively. The deployment of the ring-fenced public health grant will be used to support delivery of the HWBS.

### **Barnet's Health and Wellbeing Board: Priorities / work programme**

9. The Board had its first meeting in shadow form in May 2011. Ahead of 'going live' with full powers in April 2013, the Board has focused on developing its vision and strategic objectives. The HWBS was agreed in October 2012, and is now being used by the CCG (Clinical Commissioning Group) in its own strategic plans. The Board has also made progress at embedding evidenced-based discussions about public health into its business (on issues such as sports and physical activity/ childhood obesity) – providing members with a richer sense of what works in public health interventions.
10. The Board will seek to demonstrate leadership and add value to existing programmes of work throughout 2013. It has already promoted better and safe care for less through integrated care closer to home by agreeing and supporting the delivery of the CCG's commissioning plan and integrated commissioning priorities for health and social care.

11. The Board will also be focused on improving the health and well-being of Barnet's residents in 2013. It aims to develop collective action to reduce avoidable disease caused by unhealthy lifestyles, reduce childhood obesity, support in early years (before birth and after birth), and to reshape our leisure services.
12. The Board will also maintain oversight of the development and integration of the local authority's role for public health. The Board is keen to ensure that public health tools, such as health impact assessment (an approach that ensures decision making at all levels considers the potential impacts of decisions on health and health inequalities) are embedded into the commissioning cycle of all programmes, particularly in growth and regeneration programmes in 2013.
13. The shared Barnet & Harrow public health team is currently developing a programme of activities to raise its profile in the council, including a 'Healthy Workplace month' at North London Business Park throughout June 2013, which the Board is promoting to partners (See Appendix C).

### **Barnet's Health and Wellbeing Board: Key Challenges**

14. The HWBS sets out measures for success; however a detailed performance monitoring framework has not yet been fully developed. A policy officer post has been recruited to, to support the development and management of this in conjunction with public health.
15. The Board has a number of resources in place (financial and non-financial) to lead a number of joint commissioning projects across the borough. The Board continues to review its work plan to ensure that it is established firmly within the commissioning agenda, thereby avoiding being seen as a peripheral 'talking shop'.
16. The Board also needs to maintain operational links with the Children's Trust Board and the Safer Communities Board to ensure it does not duplicate work. The Cabinet Member for Education, Children and Families who chairs the Children's Trust Board is also a key member of the H&WBB.
17. The Board will be working in the context of far-reaching organisational change and highly challenging financial circumstances. In particular, the challenged financial position of Barnet CCG, and the political acceptability regarding the changes that need to be made to the local health economy (namely the Barnet & Chase Farm hospital estate), will require the Board to work sensitively and innovatively to achieve its objectives. Maintaining momentum at a time of rapid changes in personnel and organisational structures will be a key challenge.
18. Establishing the right governance model for deeper health and social care integration will be challenging for the Board when there is so much risk in the system. The health system has recently become more complex, and many new relationships will have to be built and maintained in order to be successful with future integration projects.
19. Adult social care reform and investment in early intervention and prevention will be challenging for the Board to operationalise in the context of significant cuts.

The Board will need to think innovatively about the ways it can contribute to these agendas within this period of austerity.

### **Role of Barnet Partnership Board**

- 20. As the Council's Local Strategic Partnership, it is recommended that the BPB plays a key role in the governance of the H&WBB. The BPB is asked to ensure that performance against delivery of the HWBS is on track, and to review the effectiveness of the H&WBB at regular intervals, based on national peer review tools produced by the Local Government Association.**
- 21. It is recommended that the BPB has a key role to play in identifying opportunities for partnership working across the three sub-boards, and for helping ensure there is no duplication between their work programmes. The BPB can support the work of the H&WBB by making sure that health and wellbeing considerations are looked at throughout its work, with a strong understanding of the impact of the wider determinants of health. For example, there are links that should be made between the BPB's work on Community Safety and the impact on mental well-being / drug and alcohol / sexual health issues.**
- 22. It is recommended that the BPB make sure that full health impact assessments are carried out in the Borough's growth and regeneration programmes, supported by the public health team as necessary.**
- 23. It is recommended that the BPB also ensures that it considers the scope of Community Budgets to support health and social care integration, as per the Tri-Borough Community Budget Pilot.**
- 24. It is recommended that the BPB seeks to support the move of public health into the local authority by promoting Barnet's healthy workplace month to their networks.**

## **Appendix A: Proposed Revised Terms of Reference (agreed in April 2013 by the H&WBB)**

1. To jointly assess the health and social care needs of the population with NHS commissioners, and apply the findings of a Barnet joint strategic needs assessment (JSNA) to all relevant strategies and policies.
2. To agree a Health and Well-Being Strategy for Barnet taking into account the findings of the JSNA and performance manage its implementation to ensure that improved outcomes are being delivered.
3. On behalf of the Barnet Partnership Board, to be the lead partnership body for health and social care matters in the borough as identified in the Sustainable Community Strategy and other Barnet policies and programmes.
4. To work together to ensure the best fit between available resources to meet the health and social care needs of the population of Barnet (including children), by both improving services for health and social care and helping people to improve their own physical, mental and social well-being. Specific resources to be overseen include money for social care being allocated through the NHS; dedicated public health budgets; and Section 75 partnership agreements between the NHS and the Council.
5. To consider all relevant commissioning strategies from the CCG and the NHS Commissioning Board and its regional structures to ensure that they are in accordance with the JSNA and the HWBS and refer them back for reconsideration
6. To receive assurance from all relevant commissioners and providers on matters relating to the quality and safety of services for users and patients
7. To directly address health inequalities through its strategies and have a specific responsibility for regeneration and development as they relate to health and care. To champion the commissioning of services and activities across the range of responsibilities of all partners in order to achieve this.
8. To promote partnership and, as appropriate, integration, across all necessary areas, including the use of joined-up commissioning plans across the NHS, social care and public health.
9. To support joint commissioning of services and the use of pooled budgets, where appropriate, to enable the more efficient use of resources. As and when they are introduced, to manage and allocate a 'community budget' for health and care.
10. To oversee and give direction to the work of the Financial Planning Group
11. To receive reports and recommendations from the Summit meetings between the HWBB and all the Partnership Boards that report to it
12. To receive the Annual Report of the Director of Public Health and commission and oversee further work that will improve public health outcomes

## **Appendix B: Health and Wellbeing Board Membership**

The Board membership is currently constituted as:

- Cabinet Member for Public Health
- Cabinet Member for Adults
- Cabinet Member for Education, Children and Families
- Director of Public Health, Barnet and Harrow
- Director for People (Interim Director for Children's Service)
- Director of Adults and Communities
- Barnet Clinical Commissioning Group- Board members x 3
- Barnet Clinical Commissioning Group- Chief Officer
- Barnet Healthwatch representative

The Board has also agreed in principle to offer representation to NHS England pending detailed conversation about their role.

All Members of the HWB have also been asked to provide named Deputies to provide continuity.

**Appendix C: Barnet Council Healthy Workplace Month (June 2013) - Programme**

	<b>Date</b>	<b>Activities</b>	<b>Time &amp; Venue</b>
<b>Week 1</b>  <b>Healthy Eating</b>	Mon 3 June	<p><b><u>Launch of the event</u></b></p> <ul style="list-style-type: none"> <li>• <u>Health Information stand</u> – from 9.00am</li> <li>• Distribution of pedometers for staff interested to sign the pledge for healthy walks during lunch time; 3K run on Wed 12 June, 5.00pm and the football competition on Sat 15 June, 11.00am – 12.30pm</li> <li>• Launch include: <ul style="list-style-type: none"> <li>- encourage staff to sign the pledge</li> <li>- information about the programme for the month</li> <li>- health information leaflets on healthy eating, physical activity, healthy heart, stop smoking, cancer prevention, men’s health, coping with stress, etc.</li> <li>- Booking for competitions/sessions</li> </ul> </li> <li>• Mini torch run (Kim Henderson)</li> </ul>	<p>12.00 – 1.30 pm</p> <p>Main lobby – Building 4</p> <p>12.30 – 1.00pm</p>
	Tue 4 June	<ul style="list-style-type: none"> <li>• Food safety information stand (Pat Enti)</li> <li>• Exercise tester session on yoga, pilates, tai chi (session run by Tracey Copping)</li> </ul>	<p>12.00 am – 1.00 pm Conference Room 2</p> <p>5.00 – 6.00 pm Conference Room 2</p>
	Wed 5 June	<ul style="list-style-type: none"> <li>• Information stand on healthy eating, hydration, diabetes, healthy heart, cancer prevention, obesity, interactive quiz, etc.</li> <li>• Smoothy bike.</li> <li>• Support session on Relaxation (session run by Jasvinder Perihar)</li> <li>• Instructor lead healthy walk – Kim Lambden</li> <li>• Healthy eating options with calories counting meals offered every</li> </ul>	<p>12.00 am – 1.30 pm Conference Room 1</p> <p>12.00 – 2.00pm (Atrium)</p> <p>12.00 – 12.30pm Pine Room</p> <p>12.00 – 12.30pm</p>

		Wednesday in the Atrium	
<b>Week 2</b> <b>Physical Activity</b>	Mon 10 June	<ul style="list-style-type: none"> <li>Health MOT (dietician available to give advice on healthy eating) and information stand on PA, healthy eating, diabetes, SS, cancer prevention, etc., distribute a simple questionnaire to identify physical activity behaviour with a prize reward for the winner e.g. free membership to local gym</li> <li>30 min tester exercise sessions on body balance (yoga, pilates, tai chi) and 30 min on fitness – Session run by Fiona Atkinson</li> <li>Instructor lead healthy walk - KL</li> </ul>	10.00am – 2.00pm Conference room 1  12.00 – 12.30pm (1 <sup>st</sup> Session) 12.30 – 1.00pm (2 <sup>nd</sup> session) Training Room 5  12.00 – 12.30pm
	Tue 11 June	<ul style="list-style-type: none"> <li>Exercise tester session on ‘Legs, bums, tum’ (session run by Tracey Copping)</li> </ul>	5.00 – 6.00 pm Training Room 5
	Wed 12 June	<ul style="list-style-type: none"> <li>Support session on Relaxation (session run by Jasvinder Perihar)</li> <li>Instructor lead healthy walk - KL</li> <li>Exercise mini tester sessions on boxing, kick boxing, martial arts - FA</li> <li>Mini tester session on body balance (yoga, pilates, tai chi) – Fiona Atkinson</li> <li>3k run – Lead Jane Hudson (meeting point – outside reception Building 2)</li> </ul>	12.00 – 12.30pm Training Room 1  12.00 - 12.30pm  12.00 - 12.30pm Training Room 3  12.30 – 1.00pm Training Room 3  5.00 – 6.00pm
	Thur 13 June	<ul style="list-style-type: none"> <li>Health MOT – Mill Hill Depot + Health information stand including stop smoking</li> </ul>	9.00am – 2.00pm Mill Hill Depot Building 14
	Saturday 15 June	<ul style="list-style-type: none"> <li>Football match competition</li> </ul>	11.00am – 12.30pm Barnet Playing Fields
<b>Week 3</b> <b>Stop Smoking</b>	Wed 19 June	<ul style="list-style-type: none"> <li>Support session on Relaxation (session run by Jasvinder Perihar)</li> <li>30 min Exercise tester sessions on body balance (yoga, pilates, tai chi)</li> </ul>	12.00 – 12.30 pm Training Room 5  12.00 –

		and 30 min on fitness – Fiona Atkinson	12.30pm (1 <sup>st</sup> session) 12.30 – 1.00pm (2 <sup>nd</sup> session) Central Room – Building 4
	Thur 20 June	<ul style="list-style-type: none"> <li>Smoking Cessation advisor session (staff to book in advance) &amp; information stand on stop smoking and healthy lifestyle</li> <li>Instructor lead healthy walk - KL</li> </ul>	10.00 – 2.00pm Boardroom, 1 <sup>st</sup> Floor, Building 2  12.00 - 12.30pm
<b>Week 4</b>	Mon 24 June	<ul style="list-style-type: none"> <li>Health MOT + health information stand</li> <li>Instructor lead healthy walk - KL</li> </ul>	10.00 – 2.00pm Conference room 1, Building 2  12.00 - 12.30pm
<b>Mental Well Being</b>	Tue 25 June	<ul style="list-style-type: none"> <li>Information stand on mental well being i.e. work related stress, reducing anxiety/depression, building self esteem, assertiveness, motivation, stress questionnaire, etc.</li> <li>30 mins - Exercise tester sessions – body balance (yoga, pilates, tai chi) and 30 min on body combat (boxing, kick boxing, martial arts) - Lynn</li> </ul>	12.00 – 2.00pm Training Room 4  12.00 – 12.30pm (1 <sup>st</sup> session) 12.30 – 1.00pm (2 <sup>nd</sup> session)  Holly Room – Building 4
	Wed 26 June	<ul style="list-style-type: none"> <li>Stress relief – supporting session (run by Maria Goldsmith)</li> </ul>	12.00 – 12.30pm & 12.30 – 1.00pm Training Room 5
	Wed 26 June	<ul style="list-style-type: none"> <li>Support session on Relaxation (session run by Jasvinder Perihar)</li> <li>Exercise tester session – Salsa, Zumba &amp; core conditioning followed by stretching class</li> </ul>	12.00 – 12.30pm Atlas Room – Building 4  12.00 – 12.30pm (1 <sup>st</sup> session) 12.30 – 1.00pm (2 <sup>nd</sup> session) Conference Room 3